

Name: Kim Smith Registration No. 01234 Date: December 28, 2011

Print clearly or type. (PLEASE DO NOT PUT IDENTIFYING INFORMATION ANYWHERE ELSE ON THIS FORM, ASIDE FROM SIGNATURE ON CHECKLIST PAGE.)

| A. DIRECT PARTICIPATORY, FORMAL PROGRAMS (MINIMUM OF 12 HOURS PER YEAR) | | | | | |
|---|--|---|------------------------|--------------|--------------|
| ACTIVITY | FULL NAME OF WORKSHOP/COURSE/CONFERENCE | FULL NAME OF SPONSOR | DATE | NO. OF HOURS | |
| Formal Conferences or Workshops <i>IN PERSON or ON-LINE</i> In Person Modal Activity: Conferences, workshops, College meetings, annual meeting of professional associations of psychology or sponsored learning institutes. Typically the event is planned in advance; speakers have professional credentials in mental health, health, or industrial/ organizational behaviour; printed documentation is provided; usually a registration fee is charged. The activity must be within the framework of the definition of psychology as per the <i>Psychologists Regulation</i> . | 3 rd International ABA Conference | Association for Behavior Analysis | Nov. 26/11 | 6 | |
| | Consumers in Transitional Economies: | SCP - Society for Consumer Psychology - | May 20-22/11 | 18 | |
| | Psychological and Interdisciplinary Perspectives | Div. 23, American Psychological Association | | | |
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| ACTIVITY | NAME OF WORKSHOP/COURSE/CONFERENCE | FULL NAME OF SPONSOR | CONFIRM CPA/APA/ OTHER | DATE | NO. OF HOURS |
| On-Line Courses On-Line Modal Activity: The course is sponsored by CPA/APA, or another professional accrediting body in the area of specialization (e.g. I/O). The activity must be within the framework of the definition of psychology as per the <i>Psychologists Regulation</i> . <i>*if not sponsored please include statement explaining relevance to your practice as a registrant.</i> | Starting and Operating an Independent | Canadian Psychological | Y | Sept. 15/11 | 3 |
| | Professional Practice in Psychology - | Association | | | |
| | Dr. Stephen Carter | | | | |
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| TOTAL HOURS FOR SECTION A | | | | | 27 |

B. SELF STUDY (MINIMUM OF 11 HOURS PER YEAR)

| ACTIVITY | FULL NAME OF MATERIAL READ (E.G., JOURNAL, BOOK, ON-LINE RESEARCH, ON-LINE COURSE) | DATE | NO. OF HOURS |
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| <p>Reading</p> <p>Modal Activity: Reading academic journals, reviewing the Code of Conduct, Practice Advisories and other College publications. Non-CPA/APA on-line courses are eligible for inclusion in Category B. Preparation for presentations or workshops given can be included in this category if the registrant learned something new and practice enhancing.</p> | Journal - Cultural Diversity and Ethnic Minority Psychology | Jan-Dec./11 | 8 |
| | | | |
| | www.medscape.com - Taming the Anxious Mind: How Psychotherapy and Medications Transform | June 30/11 | 4 |
| | the Brain | | |
| | | | |
| | Preparation for my presentation on Boundaries | Jan 10-11/11 | 6 |
| | Management of Countertransference with Borderline Patients (G. O. Gabbard and S. M. | | |
| | Wilkinson) | | |
| | Boundaries and Boundary Violations in Psychoanalysis (G. O. Gabbard and E. D. Lester) | | |
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| | METHOD | DATE | NO. OF HOURS |
|--|--------|------|--------------|
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| <p>Review of Practice</p> <p>Modal Activity: Review of one's practice of psychology with knowledge of the above documents to identify any areas in need of improvement.</p> | Reviewed Chronicle (Fall 2003) article and Code of Conduct regarding closing a practice. | Feb. 5-10/11 | 6 |
| | Developed plans for retirement and professional will. | | |
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C. STRUCTURED INTERACTIVE ACTIVITIES (MINIMUM OF 12 HOURS PER YEAR)

| ACTIVITY | LIST SPECIFIC TOPIC(S) OF DISCUSSION FOR DISCUSSION GROUPS, OR INDICATE CASE CONFERENCE OR PEER CONSULTATION | CONFIRM WITH LICENSED HEALTH PRACTITIONER(S) AND LIST PROFESSION(S) | DATE | NO. OF HOURS |
|--|--|---|-------------|--------------|
| <p>Routine Consultation with Peers</p> <p>Modal Activity: Regularly scheduled or routine consultations with peers (one or more colleagues who are licensed professionals in mental health, health, or industrial/organizational behaviour). For example, peer consultation and/or case conferences are acceptable, whereas staff meetings where the focus is on administrative issues are not acceptable. Indicate professions of the group members.</p> <p>Structured Interactive Activities do not include:</p> <ul style="list-style-type: none"> • supervision, or presentations or workshops you provide, where the intent is to provide information or guidance to others. • case conferences at which you are the only licensed health professional. | Confidentiality | Y (2 R.P psychs., 1 psychiatrist) | Jan. 28/11 | 2 |
| | Boundaries - Borderline Personality Disorder (my presentation) | Y (as above) | Feb. 25/11 | 0 |
| | Violent clients | Y (as above) | Mar. 25/11 | 2 |
| | Dual diagnosis | Y (as above) | Apr. 29/11 | 2 |
| | Case presentation - diagnostic issues | Y (Hospital personnel, including R. Psychs., psychiatrists, residents, interns) | May 27/11 | 2 |
| | Informed consent | Y (2 R.P psychs, 1 psychiatrist, 1 social workr) | June 24/11 | 2 |
| | Response to legal requests | Y (as above) | July 29/11 | 2 |
| | Suicide risk assessment | Y (as above) | Aug. 26/11 | 2 |
| | FOIPPA vs PIPA in practice | Y (1 R.P psych., 1 psychiatrist, 1 social workr) | Sept. 30/11 | 2 |
| | Closing a practice | Y (2 R.P psychs, 1 psychiatrist, 1 social workr) | Oct. 28/11 | 2 |
| | New psychometric tests | Y (as above) | Nov. 25/11 | 2 |
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D. ETHICS (MINIMUM OF 5 HOURS PER YEAR)

| ACTIVITY | INDICATE CATEGORY A, B, OR C | DESCRIPTION OF ACTIVITY | DATE | NO. OF HOURS |
|--|------------------------------------|---|------------|-----------------|
| Describe which of the above activities from Categories A, B, and C satisfy the minimum requirement for 5 hours per year explicitly on ethics. Registrants cannot request a reduction in required ethics hours. | B | Code of Conduct and related College publications re: closing a practice | Feb. 5/11 | 2 |
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| | C | Informed Consent - including review of forms on College's website | June 24/11 | 2 |
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| | C | Confidentiality | Jan. 28/11 | 2 |
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TOTAL HOURS FOR SECTION D 6

Are you banking Category A Hours for next year? Remember to indicate hours banked on your Continuing Competency renewal declaration.

CHECKLIST FOR REGISTRANT USE WHEN COMPLETING CONTINUING COMPETENCY LOG (Do Not Submit With Log)

Category A

- I have specified the full names of workshops, conferences, and courses.
- I have specified the full names of the sponsors of these activities.
- N/A I have only included CPA/APA sponsored on-line activities, or those sponsored by another professional accrediting body in my area of specialization.
- N/A In the event the on-line activity I am claiming does not meet the previous criterion I have attached a detailed rationale for why the activity should be considered. I am aware the Quality Assurance Committee may determine that this activity does not meet the requirements for Category A, in which event the activity may count towards my Category B activities.
- I have made sure I did not include any workshops or presentations given by me in Category A.

Category B

- I have specified the names of books and/or chapters and/or journals read, and the full names of any on-line courses.
- I have included any preparation time for workshops or presentations given by me in which I learned something new and practice enhancing in Category B.
- I have noted any time spent in a review of my practice related to continuing competency reading as appropriate in the second section of Category B.

Category C

- Activities claimed by me in this category were interactive in nature and were conducted with other regulated/licensed health, mental health, or industrial/organizational practitioners.
- I have not included any listserv activities on my logsheet in any category, including Category C.
- N/A I have included any participation in BCPA Ethics Salons in Category C, not Category A.
- I have indicated the profession(s) of the participants in my Category C activities.
- I have specified the topics that were discussed in any discussion groups.

Category D

- I have clearly indicated from which Category (A, B, or C) each activity is drawn, and provided a description of the activity.
- Activities I have indicated in Category D are specifically related to ethics.

General:

- I have remembered to specify dates and hours (or portions thereof) for all activities claimed by me.
- I have remembered to indicate any hours I wish to bank from Category A during my registration renewal.

Total Continuing Competency Hours:

Category A 27 Total: A 27 + B 24 + C 20 = 71

Category B 24

Category C 20

Category D 6 (Drawn from previous 3 categories)